

Team Tait Tough Event February 28, 2020

Overview and Objective: Team Tait Tough is an entire night of physical and mental challenges designed to promote leadership and teambuilding. 2020 will be our third annual Team Tait Tough. Our Goal is to have 2-3 student athletes from various local high schools who are leaders on their team and in their school. The student athletes will be divided into teams comprised of individuals from each school (no school will have more than one member per team). This will be the first year we will have co-ed teams, so male and female student athletes are welcome to participate. The teams will undertake various exercises and "ruck" approximately 16+ miles throughout the night. At different points each student athlete will be asked to lead their team to work together as one cohesive unit. All activities and exercises will be monitored and overseen by trained volunteers on behalf of the Team Tait Foundation. We will also have trained medical staff on site. During the night we will have guest speakers to instruct, inspire, motivate, and encourage. The event will conclude with a full breakfast and celebration. See the video of the inaugural Team Tait Tough from 2018 at www.TeamTaitTough.com

Tait Hendrix Foundation: "To Facilitate, Enlist, and Empower young people to challenge their personal boundaries physically, mentally, and spiritually for the betterment of themselves and their community..."

Tait Hendrix was a multi-sport athlete and honor student at Jackson Prep. After graduation in 2005, he signed to play baseball at Millsaps College where he received All-Conference honors and was named to the All-Tournament Team as both a pitcher and outfielder. As a competitor on the field, Tait was respected by both teammates and opponents for his maximum effort and sportsmanship. His love of sports, competitive spirit and admiration for all competitors who gave 100% regardless of their skill level resulted in many lifelong friendships. After graduation from Millsaps, Tait took additional classes from JSU and Holmes in preparation to attend dental school at UMMC. Unfortunately, Tait died in a motorcycle accident in June 2014 just before beginning dental school. Tait's friends formed the Tait Hendrix Foundation to influence and develop young leaders. For more information see the Tait Hendrix Foundation website: https://taithendrixfoundation.org

CJ Stewart One of our guest speakers will be CJ Stewart. CJ graduated from MRA and pursued a military career as a combat medic in the 502nd Infantry Regiment of the 101st Airborne Division of the U.S. Army. During deployment in Afghanistan, CJ received severe injuries from a RPG attack. His recovery took over 40 surgeries and extensive rehab. CJ is a combat injured Purple Heart recipient. CJ is a real-life example of true perseverance in the face of extreme obstacles and adversity.

Where: Camp Bratton-Green located directly across Way Road from the Gray Center - 1530 Way Road, Canton MS. Best to follow Gray Center signs. We will meet just outside the Big Green House at the entrance of Camp Bratton-Green. Information on Camp Bratton-Green can be found at https://graycenter.dioms.org/

When: Friday February 28, 2020 starting at 7:00 pm, ending at 8:00 am Saturday February 29, 2020.

Cost: Twenty Dollars, payable with you your application. Please make the check payable to the Tait Hendrix Foundation and send it to 101 Katherine Pointe Dr. Madison MS 39110 together with your signed waivers and information sheet. You can also pay online at www.TeamTaitTough.com.

Waiver: Each participant (including your parent or guardian) are required to sign a waiver for the Tait Hendrix Foundation and Camp Bratton-Green. <u>A Completed and properly signed</u> waiver form should be sent to: Tait Hendrix Foundation, 101 Katherine Pointe Dr., Madison, MS 39110 at least 6 days before the event.

Take-Aways (SWAG): In addition to the experience, participants who complete the event will receive their ruck sack, water bottle, t-shirt, socks and other fun stuff!

What to bring: Your favorite work-out snacks, gloves, extra socks and an extra set of clothes. Also bring a completed data sheet.

What to wear: Good hiking or tennis shoes, very good socks and comfortable long workout pants or sweats; clothing that is good for running and other physical activities. Bring gloves. Remember we will be outside all night, best to dress in layers and bring extra clothes. Be prepared for cold and/or wet weather!

Items that will be provided to Participants for the event: Ruck sack, head lamp, water bottle, water, hydration drink and some food.

Pick-up: Parents and coaches are invited to the Breakfast and ending ceremony. We ask that an adult pick up each of the student athletes Saturday morning. Please plan to arrive at Camp Bratton-Green around 7:00 am. Upon arrival, if you drive past the students doing an activity please do not stop and continue directly to the dining hall area across from the pool at Camp Bratton-Green. We will all come together there at breakfast and for the ending ceremony.